



# Aging Unit of Iron County

## APRIL 2017



### MENU HAPPENINGS

Hurley 561-2108 M-F	Iron Belt 561-2091 Thursday	Mercer 476-2113 or 1-800-950-8744 Tuesday-Thursday	Saxon 893-2333 Monday-Wednesday	Springstead - Wednesday 476-2113 or 1-800-950-8744
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	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE	3 Swedish Meatballs Egg Noodles	4 Chef's Choice Potato Sausage Parsley Potatoes  Card Games	5 Sloppy Joes Steak Fries  Bingo	6 Chicken Tenders Mac & Cheese	7 Salmon Filet Wild Rice	8
9	10 Pork Chop Baby Reds	11 Spring Fever Party Italian Sausage Polenta  Card Games	12 Baked Chicken Mashed Sweet Potatoes  Bingo	13 Pulled Pork Sandwich Potato Salad	14 Good Friday Poor Man's Lobster Pulse Melange	15
16	17 Chicken Kiev Quinoa Pilaf	18 Lasagna  Card Games	19 Roast Beef Mashed Potatoes  Bingo	20 Ham Au gratin Potatoes	21 Chicken Stew Biscuits	22
23	24 Lemon Chicken Citrus Glazed Rice	25 Cheese Ravioli W/Meat Sauce  Card Games	26 Cheese Burger French Fries  Bingo	27 Potato Crusted Cod Filets Baked Potato	28 Ham Salad on Croissant Vegetable Soup	29
30						Vegetable, Fruit / Salad, Dessert Bread & Milk Included with every meal

This menu has been approved by Anna Mooi: Registered Dietician

\* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.

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AGING UNIT OF IRON CTY

MAR-24-2017 11:45